



Self Assessment Form - which level should I apply for?

Please complete this self assessment form before applying for accreditation. You don't need to submit the form, it will just help you to determine whether to go for a bronze, silver or gold award.

| Evidence requirement for <u>Bronze</u> Heart of the Community Award | | Please tick ✓ |
|---|---|---------------|
| 1 | Participated in Yorkshire Ambulance Service Restart a Heart Day for at least two years (doesn't have to be consecutive) | |
| 2 | Trained at least 15% of the current school population in CPR in the previous 12 months | |
| 3 | The school has at least one defibrillator on site either inside or outside | |
| 4 | Defibrillator is registered on The Circuit, the national defibrillator database You can check by inputting your postcode into the Defib finder website . | |
| If you tick all of the above your school/college is eligible for the <u>Bronze Award</u> | | |

| Evidence requirement for <u>Silver</u> Heart of the Community Award | | Please tick ✓ |
|--|---|---------------|
| 1 | Participated in Yorkshire Ambulance Service Restart a Heart Day for at least three years (doesn't have to be consecutive) | |
| 2 | Trained at least 20% of the current school population in CPR in the previous 12 months | |
| 3 | The school has at least one defibrillator on site either inside or outside | |
| 4 | Defibrillator is registered on The Circuit, the national defibrillator database . You can check by inputting your postcode into the Defib finder website . | |
| 5 | Engaged with the local community to increase awareness of cardiac arrest, CPR education and defibrillator awareness. Examples include holding public awareness sessions, training parents, public awareness sessions, social media posts, articles in media, etc. | |
| 6 | School has an active student first aid club or similar | |
| If you tick all of the above, your school/college is eligible for the <u>Silver Award</u> | | |

| Evidence requirement for <u>Gold</u> Heart of the Community Award | | Please tick ✓ |
|---|---|---------------|
| 1 | Participated in Yorkshire Ambulance Service Restart a Heart Day for at least five years (doesn't have to be consecutive) | |
| 2 | Trained at least 25% of the current school population in CPR in the previous 12 months | |
| 3 | The school has at least two defibrillators on site, one of which must be publicly accessible outside 24/7 | |
| 4 | Defibrillators are registered on The Circuit, the national defibrillator database . You can check by inputting your postcode into the Defib finder website . | |
| 5 | The school has held fundraising activities to support Yorkshire Ambulance Service Charity which sponsors our Restart a Heart campaign | |
| 6 | <p>Can your school evidence at least two of the following:</p> <ul style="list-style-type: none"> i. School has engaged with the local community to increase awareness of cardiac arrest, CPR education and defibrillator awareness? Examples include holding public awareness sessions, training parents, public awareness sessions, social media posts, articles in media, etc. ii. School has an active student first aid club or similar iii. School participates in the YAS Restart a Heart Ambassador Programme iv. The school has held (in the last 12 months) a public event to teach community members CPR in person v. The school has held fundraising to gift a Community Public Access Defibrillator to the local community vi. The school has highly visible/high profile 'non-standard' location signage identifying the defibrillator location in school. See the photo as an example. | |
| <p>If you tick 1, 2, 3, 4 and 5, plus two from question 6, your school/college is eligible for the <u>Gold Award</u></p> | | |

